

# AN OUNCE OF PREVENTION IS WORTH A POUND OF CURE

Don't forget to schedule your annual wellness visit!

An annual visit can help catch issues early before they become problems. Plus, your preventative care – including your annual visit and regular screenings – may be available to you at **no cost**. \*

Schedule your next wellness visit (AWV) and screenings when you check out today!

\*Check with your insurance carrier to find out what preventative care benefits you have to get the most out of your plan.

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WHAT SERVICES ARE NEEDED?	WHEN ARE THEY NEEDED?	PATIENT DUE
<input type="checkbox"/> Annual Wellness Visit	Every 12 months	
<input type="checkbox"/> Cholesterol Test	Every 5 years	
<input type="checkbox"/> Breast Cancer Screening	Talk to your doctor	
<input type="checkbox"/> Colon Cancer Screening	Talk to your doctor	
<input type="checkbox"/> Depression Screening	Routinely	
<input type="checkbox"/> Tobacco Screening	Routinely	
<input type="checkbox"/> Diabetes Screening	Routinely depending on risk	
<input type="checkbox"/> Flu Vaccine	Yearly each flu season	
<input type="checkbox"/> Pneumonia Vaccine	Once after age 65	
<input type="checkbox"/> Bone Density Scan (DXA)	Talk to your doctor	

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